

respond ▪ **cuddle** ▪ **relax** ▪ **play** ▪ **talk**

Boosting Brains

& Understanding Your Child's Behaviours

Five things you can do to help your child in Pre-School, Nursery and Primary School.

When a child thrives they are doing really well and are able to:

- Be happy in themselves
- Make friends
- Enjoy their family life
- Get the best start for learning



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Starting Thursday Morning

23rd May to 27th June

Time: 10:00am – 11.45am

Some crèche spaces available

23rd May - registration/coffee morning - come along and find out more information

**Ballynafeigh & Haywood Community Centre,
Delhi Parade, Belfast**

Parents who attend get a free child directed play box full of ideas and resources for play with your child and a certificate of completion

If you are interested in this course contact

Alex on 07740545129

or come along on 23rd May at 10am

All Welcome

